

After Port-a-Cath Insertion

1. Keep the dressing dry for 96 hours. You may remove it after 96 hours.
2. After removing the dressing, clean with hydrogen peroxide cover with sterile tegaderm or band aid for 7-10 days or until site is healed. You may shower with the initial dressing. No bath, hot tubs or swimming until the site heals completely; usually 7-10 days.
3. If you see drainage at the site, cover the site with a dressing as needed. Remove and change the dressing each day.

Note: For accessed ports only: When the port-a-cath is no longer accessed (i.e., when the needle has been removed), follow steps 2 and 3.

4. If “Steri-strips” are used, leave them in place until they fall off (about 7 to 10 days).
5. If Dermabond is used, there will be no dressing. Dermabond will stay in place for 5 to 10 days; then fall off on its own.
6. Limit activity involving your arms for the next 72 hours. Do no strenuous exercise or activity for 1 week.
7. If you have pain, use Tylenol, Motrin, or Advil, if no other pain medication was prescribed.
8. If you have any of the following signs of infection, contact 858-480-1977 or 619-567-7007.
 - fever over 102 degrees Fahrenheit
 - chills
 - increased redness, extreme swelling, tenderness or pus at the site
 - excessive drainage from the site

When you receive a new Port-a-Cath, you will get a product guide and ID card. Please keep them in case you need them.
